

Weekly Average Pain Score (APS)***mPP-population***

	Group	N	Min	Max	P25	Median	P75	Mean	Std
Week 1	Low Back	39	0.57	3.86	1.14	1.86	2.29	1.82	0.72
	Knee	13	0.57	3.00	1.86	2.14	2.71	2.16	0.68
	Total	52	0.57	3.86	1.29	2.00	2.43	1.90	0.72
Week 2	Low Back	39	0.00	3.14	1.00	1.43	2.00	1.53	0.78
	Knee	13	1.14	3.00	1.43	2.00	2.14	1.95	0.53
	Total	52	0.00	3.14	1.07	1.57	2.00	1.64	0.74
Week 3	Low Back	37	0.00	3.29	1.00	1.43	2.00	1.48	0.78
	Knee	12	0.14	3.00	1.29	1.71	2.21	1.67	0.83
	Total	49	0.00	3.29	1.00	1.43	2.00	1.53	0.79
Week 4	Low Back	37	0.00	3.14	1.00	1.43	1.86	1.47	0.76
	Knee	12	0.00	3.00	1.29	1.64	2.14	1.69	0.77
	Total	49	0.00	3.14	1.00	1.43	2.00	1.53	0.76
Week 5	Low Back	36	0.00	3.43	0.79	1.29	2.00	1.33	0.90
	Knee	12	0.00	2.43	0.79	1.79	2.07	1.49	0.77
	Total	48	0.00	3.43	0.79	1.29	2.00	1.37	0.87
Week 6	Low Back	36	0.00	2.86	0.93	1.29	1.71	1.24	0.73
	Knee	12	0.00	2.43	1.14	1.57	2.07	1.54	0.67
	Total	48	0.00	2.86	1.00	1.36	1.71	1.32	0.72
Week 7	Low Back	34	0.00	2.43	0.86	1.07	1.57	1.13	0.68
	Knee	12	0.29	2.14	1.00	1.29	1.86	1.38	0.55
	Total	46	0.00	2.43	1.00	1.21	1.71	1.20	0.65
Week 8	Low Back	34	0.00	3.14	0.29	1.21	1.71	1.16	0.88
	Knee	12	0.14	2.43	0.93	1.21	2.00	1.37	0.72
	Total	46	0.00	3.14	0.43	1.21	1.71	1.21	0.84
Week 9	Low Back	34	0.00	3.00	0.29	1.14	1.57	1.12	0.83
	Knee	12	0.00	2.57	0.86	1.36	1.86	1.31	0.73
	Total	46	0.00	3.00	0.43	1.14	1.71	1.17	0.80
Week 10	Low Back	34	0.00	2.86	0.29	1.07	1.57	1.04	0.77
	Knee	12	0.00	2.00	0.79	1.29	1.43	1.12	0.63
	Total	46	0.00	2.86	0.43	1.14	1.57	1.06	0.73
Week 11	Low Back	34	0.00	2.57	0.29	1.00	1.57	0.95	0.73
	Knee	12	0.29	2.00	0.43	1.00	1.57	1.07	0.63
	Total	46	0.00	2.57	0.29	1.00	1.57	0.98	0.70

Group		N	Min	Max	P25	Median	P75	Mean	Std
Week 12	Low Back	34	0.00	2.29	0.14	0.93	1.43	0.89	0.73
	Knee	12	0.29	2.57	0.93	1.14	1.71	1.25	0.68
	Total	46	0.00	2.57	0.29	1.00	1.43	0.99	0.73

Weekly Average Pain Score (APS)***mPP-population***

Analysis Variable	P-value Wilcoxon Test (Two-sided)
Week 1	0.078
Week 2	0.038
Week 3	0.299
Week 4	0.253
Week 5	0.527
Week 6	0.205
Week 7	0.257
Week 8	0.451
Week 9	0.473
Week 10	0.605
Week 11	0.580
Week 12	0.128

*APS Improvement (%) from Week 1**mPP-population*

	Group	N	Min	Max	P25	Median	P75	Mean	Std
Week 2	Low Back	39	-100.00	100.00	0.00	12.50	35.29	16.00	35.40
	Knee	13	-100.00	52.63	-8.33	0.00	20.00	1.21	37.67
	Total	52	-100.00	100.00	0.00	10.00	33.33	12.31	36.18
Week 3	Low Back	37	-27.27	100.00	0.00	7.14	35.29	17.42	32.23
	Knee	12	-23.08	94.74	0.00	13.33	26.39	19.02	29.63
	Total	49	-27.27	100.00	0.00	10.00	30.00	17.81	31.32
Week 4	Low Back	37	-62.50	100.00	-11.76	14.29	35.00	15.37	38.53
	Knee	12	0.00	100.00	4.55	19.87	35.09	24.88	27.93
	Total	49	-62.50	100.00	0.00	16.67	35.00	17.70	36.19
Week 5	Low Back	36	-77.78	100.00	0.00	26.76	52.98	27.49	44.68
	Knee	12	0.00	100.00	6.67	24.29	56.06	33.34	32.29
	Total	48	-77.78	100.00	0.00	26.05	52.98	28.95	41.68
Week 6	Low Back	36	-50.00	100.00	0.00	26.30	56.67	30.54	39.73
	Knee	12	-13.33	100.00	14.65	24.04	44.86	30.45	29.14
	Total	48	-50.00	100.00	4.17	25.46	48.81	30.52	37.07
Week 7	Low Back	34	-83.33	100.00	12.50	29.71	53.33	34.98	37.96
	Knee	12	0.00	63.16	21.59	32.05	51.19	33.43	20.90
	Total	46	-83.33	100.00	14.29	30.38	52.38	34.57	34.11
Week 8	Low Back	34	-116.67	100.00	10.00	40.59	66.67	33.56	53.29
	Knee	12	-13.33	75.00	12.05	39.74	59.72	36.37	28.46
	Total	46	-116.67	100.00	10.00	40.59	62.50	34.29	47.77
Week 9	Low Back	34	-183.33	100.00	11.11	39.60	81.82	34.39	60.06
	Knee	12	0.00	100.00	26.97	39.17	57.44	42.56	28.20
	Total	46	-183.33	100.00	12.50	39.60	63.16	36.52	53.41
Week 10	Low Back	34	-133.33	100.00	12.50	46.03	72.73	40.03	48.88
	Knee	12	0.00	100.00	36.67	51.32	62.12	49.60	30.19
	Total	46	-133.33	100.00	25.93	50.00	69.23	42.52	44.65
Week 11	Low Back	34	-166.67	100.00	20.00	51.67	78.57	43.14	53.24
	Knee	12	26.32	84.62	40.00	50.00	58.48	51.58	17.95
	Total	46	-166.67	100.00	33.33	50.00	75.00	45.34	46.60
Week 12	Low Back	34	-166.67	100.00	25.00	53.59	92.86	48.42	51.07
	Knee	12	5.26	83.33	36.67	45.80	50.00	42.98	18.60
	Total	46	-166.67	100.00	28.57	48.08	81.82	47.00	44.75

APS Improvement (%) from Week 1***mPP-population***

Analysis Variable	P-value Wilcoxon Test (Two-sided)
Week 2	0.205
Week 3	0.646
Week 4	0.415
Week 5	0.775
Week 6	0.981
Week 7	0.930
Week 8	0.841
Week 9	0.970
Week 10	0.572
Week 11	1.000
Week 12	0.373