

Study period of 6 weeks

163 patients gave informed written consent. The study was completed by 145 patients (89%). 18 patients left the trial because of adverse events related (n=11) or unrelated to the study medication (n=2, acute exacerbation of chronic depression or hypertonus) (see **Adverse Events**) and 6 for other reasons (changed mind prior to treatment (n=1), the high number of tablets to take (n=2), no effect (n=1), family doctor interfered (n=1), carcinoma was diagnosed soon after (n=1) the beginning of treatment.

Follow-up

73 patients entered the follow-up (34 belonging to the group that required antihypertensive treatment). Fourteen of the 73 patients dropped out, 5 because they went on vacation, 6 because they did not want to continue with the recording of the blood pressure measurements (n=4) or consuming the tablets any more (n=2) and 3 because of adverse events, of which one was possibly related to the study medication (the patient had not suffered from headache before).