

'Legal highs' in Poland

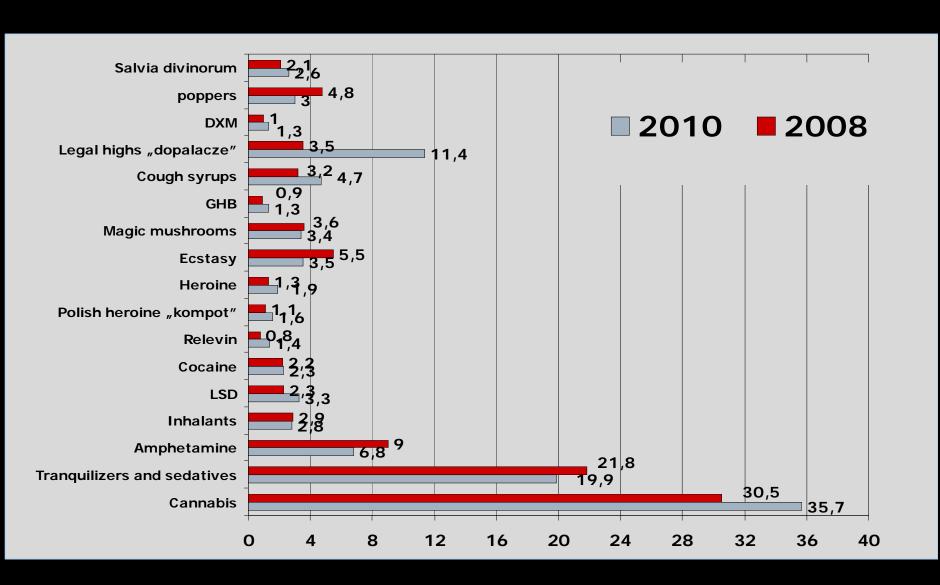


Research of legal highs - Youth 2008, 2010

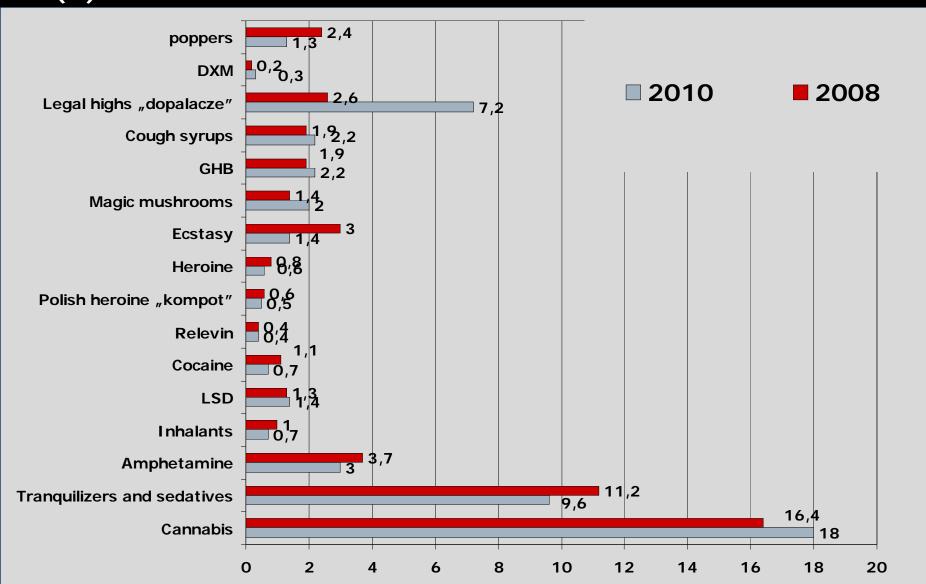
Method:

- Representative national sample of last classes of secondary schools (age ~ 18-19) (N=1250 students)
- Two editions: 2008 and 2010
- Class room survey self-administered questionnaires

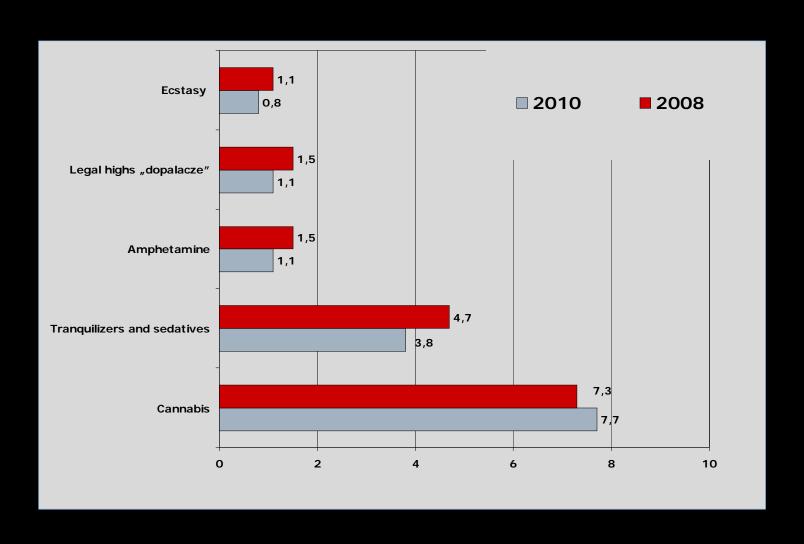
Lifetime use of drugs among pupils - ages 18 - 19 (%)



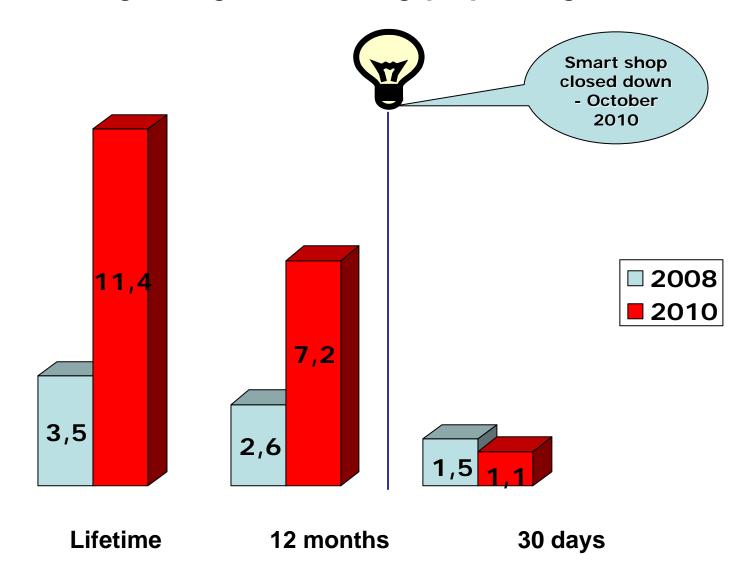
Occasional use (last 12 months) of drugs among pupils age 18 - 19 (%)



Recent use of drugs (last 30 days) among pupils age 18 - 19 (%)



Use of "legal highs" among pupils age 18-19



Purchasing

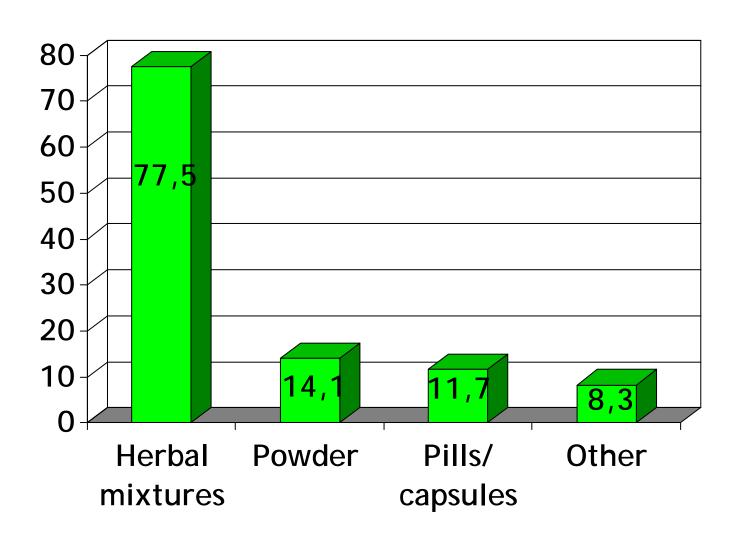
90% of respondents heard about "legal highs". 27% were in smart shops (n=297).



From respondents who were in smartshops, 40% purchased "legal highs" (n=120)

Only 1 % purchased "legal highs" via internet.

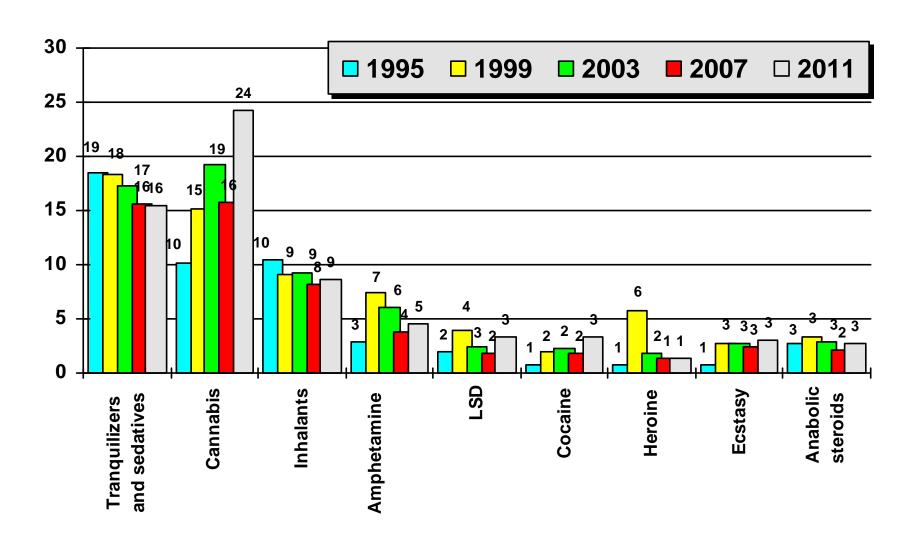
Purchasing



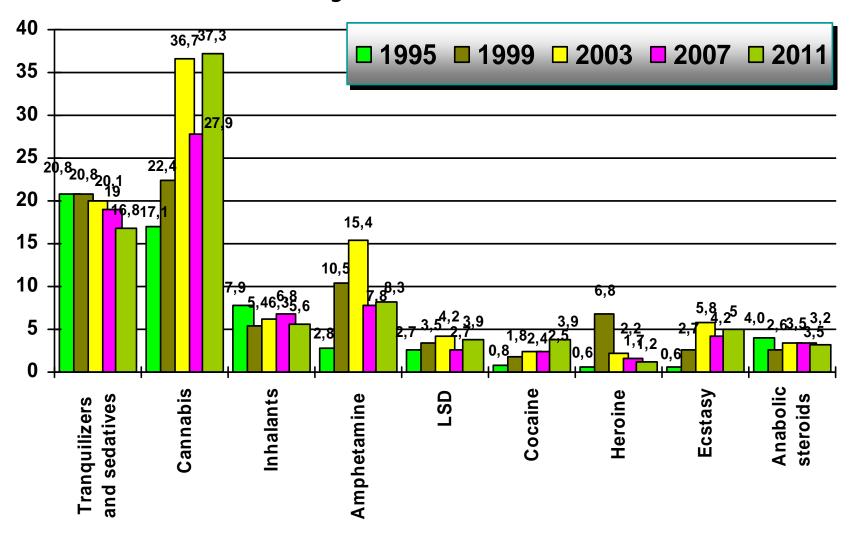
ESPAD 2011

- European School Survey Project on Alcohol and Drugs
- Random sample of school classes (third class of gymnasium (15-16 y.o) and second class of high school (17-18 y.o.)
- Standardized self administrated questionnaire in classroom
- Sample size: 15-16 y.o. N= 2623 , 17-18 y.o. –
 N= 2693

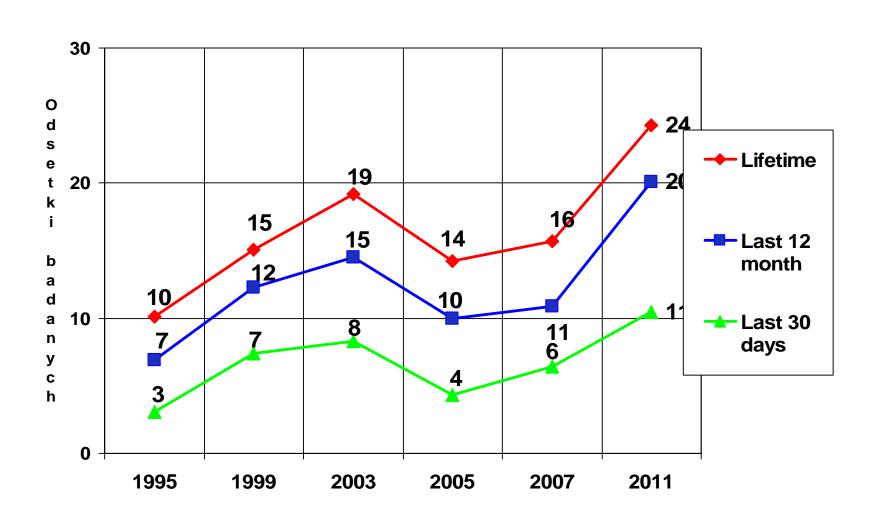
Lifetime drug use prevalence 15-16 y.o.(ESPAD)



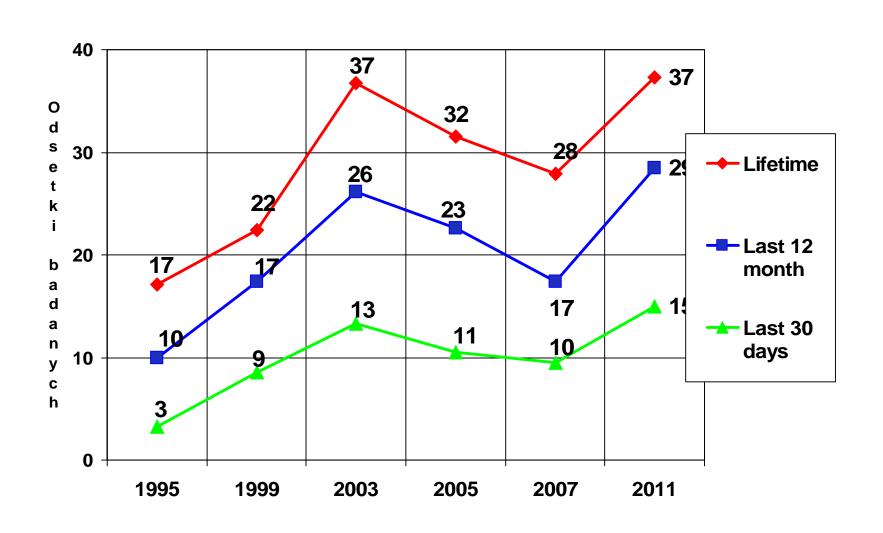
Lifetime drug use prevalence 17-18 y.o.(ESPAD)



Cannabis use 15-16 y.o.



Cannabis use 17-18 y.o.



Legal highs

15-16 y.o.	Heard about legal highs	93,7%
	Visited smart shops	15,3%
	Purchase legal highs	8,0%
17-18 y.o.	Heard about legal highs	94,9%
	Visited smart shops	21,6%
	Purchase legal highs	11,6%

"Legal highs" - purchasing

15-16 y.o.	In the smart shop	5,9%
	Via internet	1,7%
	Other	4,4%
17-18 y.o.	In the smart shop	10,3%
	Via internet	1,7%
	Other	3,9%

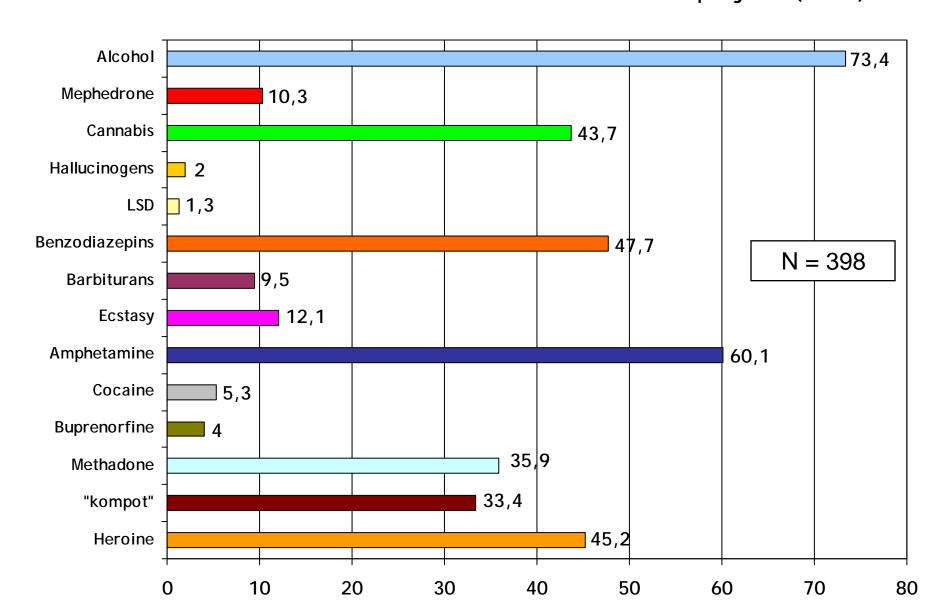
"Legal highs" - use

15-16 y.o.	Lifetime	10,5%
	Last 12 months	7,1%
	Last 30 days	2,5%
17-18 y.o.	Lifetime	15,8%
	Last 12 months	9,0%
	Last 30 days	2,2%

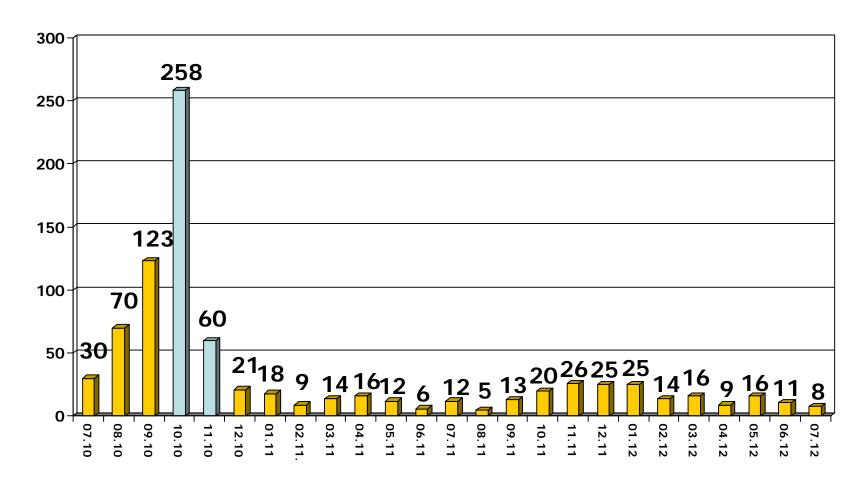
Study on low threshold services clients – Polish-French project (2008-2010)

- All clients of low threshold services using the services in the period of two weeks (N=398)
- Clients coded double counting eliminated
- Questionnaire administrated with client on the scene by street workers.

Prevalence of last 30 days use of psychoactive substances among low threshold services clients - Polish-French research project (2010)

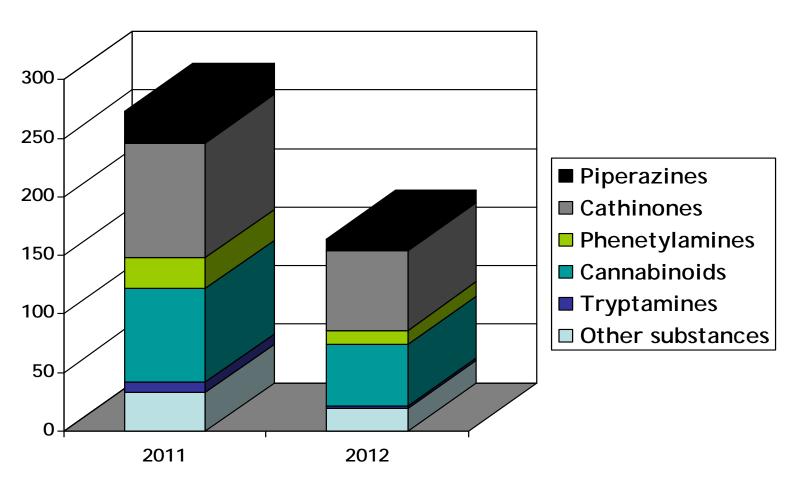


Medical interventions due to "legal highs" reported to National Consultant in Clinical Toxicology



Source: dr.n.med. Piotr Burda, National Consultant in Clinical Toxicology

New psychoactive substances reported to Polish EWS 2011-2012 by groups



Source: NFPP

Thanks for your attention michal.kidawa@kbpn.gov.pl