

CV	Claas Lahmann
Title and actual position	MD Full Professor of Psychosomatic Medicine and Psychotherapy, Albert-Ludwigs-University Freiburg Chair and Head of Department, Dept. of Psychosomatic Medicine and Psychotherapy, University Medical Center Freiburg
Faculty	Medicine, University of Freiburg, Germany
Institution	Department of Psychosomatic Medicine and Psychotherapy, University Medical Center Freiburg
Year of birth	1975
Actual address	Hauptstrasse 8, 79104 Freiburg, Germany
Academic Career	2002-2008 Residency training in internal medicine, neurology, psychiatry and psychosomatic medicine & psychotherapy 2008 Board certification in psychosomatic medicine & psychotherapy 2010 Private lecturer ("Privatdozent"), Dept. of Psychosomatic Medicine and Psychotherapy, TU Muenchen 2010 Board certification in specific pain management since 2012 Deputy head, Dept. of Psychosomatic Medicine and Psychotherapy 2016 Offer of a full professorship (chair position), Dept. of Psychosomatic Medicine and Psychotherapy, University Duisburg-Essen, Germany since 2016 Full professorship (chair position), Dept. of Psychosomatic Medicine and Psychotherapy, University Freiburg, Germany
University education	1995-2002 Studies of medicine at the University of Erlangen-Nuremberg, Germany
Research activities and major clinical interests	- Somatoform & somatopsychic disorders incl psychooncology, chronic pain and vertigo/dizziness - Work- and stress-related psychosomatic disorders - Body Psychotherapy Research and Embodiment
Membership in professional societies	- Executive Board, Deutsches Kollegium für Psychosomatische Medizin (DKPM) - Deutsche Gesellschaft für Psychosomatische Medizin und Ärztliche Psychotherapie (DGPM) - Board, Deutsche Fachgesellschaft für Tiefenpsychologisch fundierte Psychotherapie - Board, Arbeitsgemeinschaft Funktionelle Entspannung (AFE)
Grants and Honours	2006 Award for Medical Education, Medical Faculty, University of Regensburg, 2008 Adolf-Ernst-Meyer-Award for Psychotherapy Research, Deutsches Kollegium für Psychosomatische Medizin (DKPM), 2009 Marianne-Fuchs-Price, consortium for functional relaxation 2012 Award for Medical Education, Medical Faculty, TU München
Selected publications	- Probst T, Sattel H, [...], Lahmann C (2017). Alexithymia as a Moderator of Treatment Outcomes in a Randomized Controlled Trial on Brief Psychodynamic Interpersonal Psychotherapy for Patients with Multisomatiform Disorder. <i>Psychother Psychosom</i> 86:57-59. - Limburg K, Sattel H, Radziej K, Lahmann C (2016). DSM-5 somatic symptom disorder in patients with vertigo and dizziness symptoms. <i>J Psychosom Res</i> 91:26-32. - Lahmann C , Henningsen P, [...], Schmid G (2015). Psychiatric comorbidity and psychosocial impairment among patients with vertigo and dizziness. <i>J Neurol Neurosurg Psychiatry</i> 86:302-8. - Pieh C, Altmeyen J, [...], Lahmann C (2012). Gender differences in outcomes of a multimodal pain management program. <i>Pain</i> 153:197-202. - Sattel H, Lahmann C , Gündel H, et al. (2012). Brief psychodynamic-interpersonal psychotherapy for patients with multisomatiform disorder: A randomised controlled trial. <i>Brit J Psychiatry</i> 200:60-7. - Sack M, Boroske-Leiner K, Lahmann C (2010). Association of nonsexual and sexual traumatizations with body image and psychosomatic symptoms in psychosomatic outpatients. <i>Gen Hosp Psychiatry</i> 32:315-20. - Lahmann C , Henningsen P, Schulz C, et al. (2010). Effects of Functional Relaxation and Hypnotherapeutic Intervention on IgE in Dust-mite Allergic Adult Asthmatics: a randomized, controlled clinical trial. <i>Journal of Nervous and Mental Disease</i> 198: 25-30. - Lahmann C , Nickel M, Schuster T, et al. (2009). Functional Relaxation and Hypnotherapeutic Intervention as Complementary Therapy in Asthma: a randomized, controlled clinical trial. <i>Psychother Psychosom</i> 78:233-9.